

YOUR JOURNEY TO THE NORTH

Rush Lake & Nagar Trek

Cross glacier country above Hoper and climb towards Rush Lake, with pasture camps, a rest day on the ascent and wide Karakoram views.

Supported trek · 10 days · 2 traveller(s) · Gilgit → Hoper → Rush Lake → Hunza → Gilgit

Trip proposal · Subject to availability · Prepared 29 Oct 2026

Your package

A private journey quoted for your dates and group, with the services below confirmed in your written proposal.

Accommodation: Twin-sharing guesthouses/hotels in Gilgit, Hoper and Hunza; supported tents on six trekking nights.

Transport: Gilgit arrival transfer and scheduled private-group road/4x4 transfers via Hoper and Hunza.

Meals: Hotel/guesthouse breakfasts and full board on the seven trekking/rest days.

The journey, day by day

DAY 01

Arrive in Gilgit

Meet the coordinator and review previous trekking experience, equipment and the glacier approach with the team.

Overnight: Gilgit hotel

Meals: Meals paid separately

Travel time: Arrival transfer

DAY 02

Drive to Hoper

Travel into Nagar and settle near the trailhead. Meet the local guide and take a relaxed village walk.

Overnight: Hoper guesthouse

Meals: Breakfast; other meals paid separately

Travel time: 3–5 hours

Walking time: Short optional walk

DAY 03

Hoper to Bericho Kor

Begin the trek on the line chosen by the local glacier guide. Cross the current approach terrain and continue to the pasture camp.

Overnight: Bericho Kor camp

Meals: Breakfast, packed/camp lunch and dinner

Walking time: 5–7 hours

DAY 04

Climb towards Chidin Harai

Make a sustained uphill stage with regular breaks. The guide may choose an intermediate camp if the group needs a slower ascent.

Overnight: Chidin Harai area camp, or lower camp selected by the guide

Meals: Breakfast, packed/camp lunch and dinner

Walking time: 5–7 hours; route and camp dependent

DAY 05

Rest and acclimatise

Keep a full day for recovery before the lake stage. Take only a short guided acclimatisation walk if appropriate.

Overnight: Chidin Harai area camp

Meals: Breakfast, packed/camp lunch and dinner

Walking time: Rest or short guided walk

DAY 06

Trek to Rush Lake

Continue to the high lake and settle into camp. Enjoy the surroundings close to camp rather than adding a peak ascent.

Overnight: Rush Lake camp

Meals: Breakfast, packed/camp lunch and dinner

Walking time: 3–5 hours

DAY 07

Descend to Phai Phari

Leave the lake and descend carefully through the mountain pastures. The guide checks the return line before continuing.

Overnight: Phai Phari camp

Meals: Breakfast, packed/camp lunch and dinner

Walking time: 5–7 hours

DAY 08

Continue to Hamdar

Follow the assessed pasture and glacier route towards Hamdar. Crossing times depend on the current ice and surface conditions.

Overnight: Hamdar camp

Meals: Breakfast, packed/camp lunch and dinner

Walking time: 5–7 hours

DAY 09

Walk to Hoper and drive to Hunza

Complete the final walking stage, meet your vehicle and return to a guesthouse or hotel for the night.

Overnight: Hunza hotel/guesthouse

Meals: Breakfast, packed/camp lunch and dinner

Travel time: 1–2 hours after the trek

Walking time: 5–7 hours

Return to Gilgit

Take the road back to Gilgit and finish at the agreed drop-off. Leave space for a delayed trek return before onward travel.

Overnight: No overnight included

Meals: Breakfast

Travel time: 2–3 hours

Weather, flight schedules and road conditions may change the route. Your local team will confirm the final arrangements.

Included in Supported trek

- Local trekking guide and route coordination for the agreed itinerary
- Twin-sharing hotel/guesthouse rooms and tents as described in the final proposal
- Camp crew, communal tents, sleeping mats and cooking equipment during camping nights
- Porters for communal equipment; personal baggage allowance specified in the written quote
- Meals listed for each day and treated or boiled drinking water during the trek
- Applicable route, campsite and park fees, itemised in the confirmed proposal
- Scheduled Gilgit, Hoper and Hunza road transfers
- Glacier route assessment and required communal safety equipment specified in the proposal

Excluded / paid separately

- International travel and Pakistan visa fees
- Personal travel insurance, medical treatment and evacuation or rescue charges
- Personal clothing, boots, sleeping bag and other personal equipment
- Tips, personal purchases and drinks other than the stated drinking-water provision
- Single room/tent supplements, extra portage and activities outside the agreed itinerary
- Extra nights, changed tickets or transport caused by delays or an early return; terms agreed before booking
- Flights and transport to/from Gilgit
- Town lunches/dinners outside the trekking days
- Rush Peak ascent and any additional glacier or summit extension

Before you travel

Share your trekking experience, travel dates, arrival plans and dietary needs when requesting a quote.

Walking and driving times are approximate; allow for weather, trail changes and your group's pace.

Confirm your equipment, baggage allowance, guide arrangements and emergency communication plan in writing.

Private-group pricing, room/tent sharing and booking/cancellation terms are provided with your dated proposal.

Start/end: Gilgit. The final day ends at a city drop-off; arrange extra nights and flights separately.

This is a glacier trek, not an introductory valley walk. Share previous altitude experience with the lead guide.
Rush Lake and Rush Peak are different objectives; no summit ascent is included.

Season & preparation

Suggested season: July–September; glacier access confirmed for each departure

Difficulty: Strenuous

Guide & safety arrangements

This mountain route needs an assessment of fitness, previous experience and acclimatisation. The guide may shorten stages or turn back for conditions or traveller wellbeing. Arrange activity-specific insurance covering the planned altitude and evacuation. The final proposal must identify the guide, communication equipment and emergency arrangements; coordination does not include rescue costs. Rush Lake is approximately 4,694 m, including the planned lake camp. The steep rise towards Chidin Harai and changing glacier crossings require an individual acclimatisation review; extra intermediate nights may be needed.

Weather & travel changes

Weather, landslides and road access can change the programme. Your coordinator will agree alternatives and the cost of additional nights or transport before travel. Keep onward connections flexible; reaching a named destination is subject to conditions. A blocked crossing or unsuitable snow/ice may require retracing the approach or abandoning the lake objective. Extra acclimatisation days change the duration and quote.

Packing checklist

- Broken-in trekking boots, suitable socks and comfortable camp footwear
- Warm layers, insulated jacket, waterproof shell, gloves and warm hat
- Sun hat, sunglasses and sun protection
- Daypack, reusable water bottles and headtorch with spare power
- Sleeping bag matched to the route and season; confirm rental availability before travel
- Personal medication, identification and offline copies of travel and insurance documents
- Trekking poles and personal toiletries; carry reusable items and pack out waste
- Personal glacier equipment only as specified by the lead guide after the route assessment

Let's make this your journey

support@skarduadventures.com

Skardu, Gilgit-Baltistan, Pakistan

This document is an itinerary proposal, not a confirmed reservation or a payment receipt.